

# Gym Session Timetable

24<sup>th</sup> March 2022 – 30<sup>th</sup> September 2022

At Wodson Park, we constantly review the latest 'UK Health Security Agency' and 'Hertfordshire Public Health' guidance regarding the various 'Covid' variants, as part of our commitment to ensuring that Wodson Park remains as 'Covid Safe' an environment as possible.

To ensure our Gym remains a clean and safe environment for all of our customers, we are continuing to maintain our Gym Cleaning regime.

**Our Gym will be OPEN at the following times from 24<sup>th</sup> March – 30<sup>th</sup> September 2022:**

(Please see our website for information regarding Wodson Park's Easter & Bank Holiday Opening Hours)

## Monday - Thursday

Gym Session Times	
08.00 – 13.30	Off-Peak
13.30 – 14.00	CLOSED for CLEANING
14.00 – 17.00	Off-Peak
17.00 – 21.00	Peak

## Friday

Gym Session Times	
08.00 – 13.30	Off-Peak
13.30 – 14.00	CLOSED for CLEANING
14.00 – 17.00	Off-Peak
17.00 – 19.30	Peak

## Saturday

Gym Session Times	
08.00 – 12.30	Off-Peak
12.30 – 12.45	CLOSED for CLEANING
12.45 – 15.30	Off-Peak

## Sunday

Gym Session Times	
09.00 – 13.15	Off-Peak
CLOSED for CLEANING	

Please Note: Wodson Park is UNABLE to provide towels during the current pandemic.

Wodson Park Members may book our Gym Sessions up to 7 days in advance.